



# Ark Chamberlain Primary Academy

## SCHOOL MEALS – MENU FOR WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tandoori Chicken Haddock Grill Cheese & Pepper Rolls	Lamb Burgers Cumin Spiced Fish Vegetable Lasagne	Chicken Paninis Breaded Fish Cheesy Noodles	Spaghetti Bolognese Tuna & Cheese Naans Vegetable Samosas	Cheese & Tomato Pizza  Baked Potato with choice of filling
Sweetcorn Green Beans	Baked Beans Peas	Broccoli Sweetcorn	Peas Mixed Vegetables	Baked Beans
Savoury Rice Potato Wedges	Duchess Potatoes Garlic Bread	Noisette Potatoes	Spaghetti Herby Diced Potatoes	Chips
Chocolate Sponge with custard Fresh Fruit Assorted Fruit Yoghurts	Apple & Blackberry Muffins Fresh Fruit Assorted Fruit Yoghurts	Strawberry Icecream Roll Fresh Fruit Assorted Fruit Yoghurts	Flapjack & Custard Fresh Fruit Assorted Fruit Yoghurts	Chocolate Cracknels Fresh Fruit Assorted Fruit Yoghurts

### Additional Menu Options

- Salad selection is available daily as an alternative to seasonal vegetables
- Fresh drinking water & Milk is available daily
- Chunky Wholemeal bread available daily