



# Ark Chamberlain Primary Academy

## SCHOOL MEALS – MENU FOR WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli con carne Cod & Salmon Grill Vegetable Burger in a Bap with mayonnaise	BBQ Chicken Cajun Spiced Fish Macaroni & Broccoli Cheese	Roast Chicken In Gravy Fish fingers Potato & Vegetable Curry	Battered Cod Keema Lasagne Quorn Hot Dogs	Cheese & Tomato Pizza  Baked Potato with choice of filling
Sweetcorn Green Beans	Broccoli Carrots	Baked Beans Mixed Vegetables	Peas Sweetcorn	Baked Beans
Duchess Potatoes Tortilla Wrap	Potato Wedges Noodles	Herby Diced Potatoes Naan Breads	Garlic Bread Noisette Potatoes	Chips
Lemon Iced Sponge with custard Chocolate Rice Pudding Fresh Fruit Assorted Fruit Yoghurts	Ginger Cookies Fresh Fruit Assorted Fruit Yoghurts	Chocolate Shortbread Fruit Cocktail Fresh Fruit Assorted Fruit Yoghurts	Raspberry Ripple Icecream Roll Fresh Fruit Assorted Fruit Yoghurts	Chocolate Cracknels Fresh Fruit Assorted Fruit Yoghurts

### Additional Menu Options

- Salad selection is available daily as an alternative to seasonal vegetables
- Fresh drinking water & Milk is available daily
- Chunky Wholemeal bread available daily