



# Ark Chamberlain Primary Academy

## SCHOOL MEALS – MENU FOR WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jerk Chicken Fish Fingers Vegetable Pakoras	Lamb Shammi Kebabs Tandoori Fish Cheese & Onion Pasties	Chicken & Broccoli Lasagne Fish Burgers in a Bun Quorn Sausages in Gravy	Keema Curry Fish Crunchy Cheese & Potato Pie	Cheese & Tomato Pizza Baked Potato with choice of filling
Peas Carrots	Sweetcorn Green Beans	Baked Beans Mixed Vegetables	Broccoli Sweetcorn	Baked Beans
Potato Wedges Savoury Rice	Noisette Potatoes	Garlic Bread Herby Diced Potatoes	Naan Bread Duchess Potatoes	Chips
Shortbread with Custard Fruit Cocktail Fresh Fruit Assorted Fruit Yoghurts	Chocolate Cookies Fresh Fruit Assorted Fruit Yoghurts	Banana Cake with Custard Strawberry Mousse Fresh Fruit Assorted Fruit Yoghurts	Chocolate Icecream Roll Fresh Fruit Assorted Fruit Yoghurts	Caramel Cracknels Fresh Fruit Assorted Fruit Yoghurts

### Additional Menu Options

- Salad selection is available daily as an alternative to seasonal vegetables
- Fresh drinking water & Milk is available daily
- Chunky Wholemeal bread available daily