



# Ark Chamberlain Primary Academy

## SCHOOL MEALS – MENU FOR WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken Sheesh Kebabs</b> <b>Fish Cakes</b> <b>Vegetable Samosas</b>	<b>Chicken Biryani</b> <b>Cumin Spiced Fish</b> <b>Cheese &amp; Tomato Panninis</b>	<b>Piri Piri Chicken</b> <b>Haddock Grill</b> <b>Vegetable Lasagne</b>	<b>Meatballs in a spicy Tomato Sauce</b> <b>Tuna Pitta Pockets</b> <b>Onion Bhajis</b>	<b>Cheese &amp; Tomato Pizza</b> <b>Baked Potato with choice of filling</b>
<b>Baked Beans</b> <b>Mixed Vegetables</b>	<b>Sweetcorn</b> <b>Green Beans</b>	<b>Peas</b> <b>Carrots</b>	<b>Broccoli</b> <b>Sweetcorn</b>	<b>Baked Beans</b>
<b>Herby Diced Potatoes</b> <b>Savoury Rice</b>	<b>Duchess Potatoes</b>	<b>Garlic Bread</b> <b>Noisette Potatoes</b>	<b>Spaghetti</b> <b>Spiced Potato Wedges</b>	<b>Chips</b>
<b>Chocolate Crunch with Custard</b> <b>Fresh Fruit</b> <b>Assorted Fruit Yoghurts</b>	<b>Mango &amp; Orange Sorbet</b> <b>Fruit Topped Cheesecake</b> <b>Fresh Fruit</b> <b>Assorted Fruit Yoghurts</b>	<b>Chocolate Muffins</b> <b>Fresh Fruit</b> <b>Assorted Fruit Yoghurts</b>	<b>Cherry Cobbler</b> <b>Fresh Fruit Salad</b> <b>Fresh Fruit</b> <b>Assorted Fruit Yoghurts</b>	<b>Chocolate Cracknels</b> <b>Fresh Fruit</b> <b>Assorted Fruit Yoghurts</b>

### Additional Menu Options

- Salad selection is available daily as an alternative to seasonal vegetables
- Fresh drinking water & Milk is available daily
- Chunky Wholemeal bread available daily