



Ark Chamberlain Primary Academy

SCHOOL MEALS – MENU FOR WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken in BBQ Sauce Fish Crunchy Cheese & Vegetable Bakes	Lamb Meatballs in a Spicy Tomato Sauce Tuna salad Baps Vegetable Spring Rolls With Sweet Chilli Sauce	Chicken Biryani Fish Burgers Vegetable Lasagne	Shammi Kebabs Tandoori Fish Vegetable Samosas	Cheese & Tomato Pizza Baked Potatoes With Cheese or Tuna
Herby Diced Potatoes Tortilla Wraps	Noisette Potatoes Spaghetti	Duchess Potatoes Garlic Bread	Seasoned Potato Wedges Savoury Rice	Chips
Carrots Peas	Sweetcorn Broccoli	Baked Beans Green Beans	Sweetcorn Mixed Vegetables	Baked Beans
Iced Ginger Sponge & Custard Assorted Yoghurts Fresh fruit	Chocolate Brownies With Custard Fresh Fruit Salad Assorted Yoghurts Fresh Fruit	Mango Sorbet Assorted Yoghurts Fresh Fruit	Chocolate Muffins Strawberry Mousse Assorted Yoghurts Fresh fruit	Toffee Cracknels Assorted Yoghurts Fresh fruit

Additional Menu Options

- Salad selection is available daily as an alternative to season vegetables
- Fresh drinking water & milk is available daily
- Chunky Wholemeal bread available daily